

Jana Hannigan

Photo by Blue Ackerman



Mission Statement:

As a culture that loves its superstars, it is important that we always advocate the arts for everyone, not just professionals. Singing, dancing, creating are our natural states of being. Making art experiences available in safe environments where students can explore, express and give form to their ideas is crucial to the well-being of our children and culture.

Grades Served:

PreK-12, Adult

Lives In:

Hood River, OR

Homestay:

Not Required

Curriculum Connections

CL CS CT DM
GH MC MU PE
PG

Creative Dance / Dance & Rhythm

Dance and rhythm originate in the instrument of the body. Moving and dancing form the basis for music and rhythm in our lives. Dancing allows us to not only feel pulse and rhythm but also to express our unique ideas, to be aware of and to share time and space with others. Studying rhythm gives us a bridge to other cultures in our world and enriches our dancing. Creative Dance residencies focus on understanding and exploring the four dance elements — time, space, energy and body — and how to put dance ideas into a complete form. Dance & Rhythm residencies explore elements of rhythm — downbeat, upbeat, tempo, Latin/Brazilian rhythms — and some dance elements. All classes encourage cooperation with partners, self-control, when to lead and when to follow, how to give supportive feedback and a greater understanding of performance and concentration.

Teacher Workshops

Take-a-Break Movement activities: quick, fun and easy activities to energize, inspire, refocus or release tension in the classroom.

Residency Requirements

CD player and an open space, preferably with a wooden floor. Classrooms can also be used if desks and chairs may be moved. *Creative Dance* residencies need no other supplies. Supplies for *Dance and Rhythm* residencies cost \$2 per student.

About the Artist...

Jana Hannigan was raised in an artistic home and has a very eclectic background in the arts that includes painting, printmaking, dancing, choreography, drumming and rhythm. While completing her MFA in dance, she developed a passion for teaching and went on to teach creative dance in a public school for three years. She currently teaches adult and children's dance classes and is co-director of *Samba Hood Rio*, a Brazilian percussion ensemble.

